

# Sponsored cycle ride

September 2024

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As some of you know, I like to get out on my bike from time to time. One of the group of people I regularly ride with is a Trustee of a charity, so I have been persuaded to join a group of cyclists undertaking a sponsored ride from the North to the South of Sardinia. The ride is taking place between 20 and 22 September, and will be around 360km in length with over 4,500m of climbing. That's going to be a lot of time on a bike over three days, and include far more time going uphill than I achieve in most months!

Each of the riders on the trip has covered all the costs of participation in the ride, so that all funds raised go towards the charity that we are supporting – the Jason Robinson Foundation. Many will know the name, but for those who don't, Jason was part of England's Rugby World Cup winning team in 2003, having been one of the best Rugby League players in the World in his early years.

He has established a non-profit organisation that connects children and young people with opportunities to transform their lives by providing training, events, life skills and mentors. Many of these young people experience barriers to learning, opportunity, and employment. Together with schools and communities, the charity delivers bespoke programmes, events, and outreach, volunteering, and training initiatives that promote equality, social inclusion, and opportunity for all. It offers participants the skills, knowledge, and confidence to make positive choices and changes in their lives and the world around them, while having fun and making life-long friendships.

Whilst the training is going well, we are now looking to get a final boost to the sponsorship, to make sure that we can deliver the maximum amount of support. If you are able to make a donation to support the charity, I would be so very grateful. The link is [here!](#)

Thank you, and as an added incentive, if we hit the target, I promise not to send pictures of me in Lycra!

Ian

